Outpatient care of preterm and small for gestational age born children – information for parents

Your child is born preterm or small for gestational age (SGA). For this reason your child was admitted to the neonatology department (Neonatal Intensive Care Unit or Medium Care Neonatology) of Máxima MC in Veldhoven. In order to follow up premature and dysmature children even after discharge from the hospital, the 'nazorgbureau' has been set up in the Máxima MC.

What does this mean for you and your child?

Before discharge, you have the possibility to meet the special trained youth nurse at the hospital, who will see with you what care and support you and your child will need in the home situation. This youth nurse works in your area and can meet with you at home and at the nearest consultation office, in order to provide the necessary support and guidance. She will also share her contact details with you, so you have the ability to contact her for questions through e-mail, telephone or Whatsapp. As a result, you and your child, in addition to the planned contact moments at the 'nazorgbureau' of prematures, receive care as needed in the home situation of one and the same youth nurse who is aware of your situation.

Where does the 'nazorgbureau' take place?

The 'nazorgbureau' takes place in Máxima MC in Veldhoven.

For which children the 'nazorgbureau' is intended?

The 'nazorgbureau' is intended for children born before a gestational age of 34 weeks and/or children with a severely low birth weight according to the gestational age. Besides that, children have to be living in the region of GGD ZO.

De informatie in deze folder is van algemene aard en is bedoeld om u een beeld te geven van de zorg en voorlichting die u kunt verwachten. In uw situatie kunnen andere adviezen of procedures van toepassing zijn. Deze folder is dan ook slechts een aanvulling op de specifieke (mondelinge) voorlichting van uw specialist of behandelaar.

Which health care professionals do you meet at the 'nazorgbureau'?

At the 'nazorgbureau' four health care professionals are working closely together:

- Pediatrician
- Youth health care doctor
- Pediatric physical therapist
- Preverbal speech therapist

When does your child visit the 'nazorgbureau'?

You and your child visit the 'nazorgbureau' on a number of previously determined moments. The first appointment is approximately 2 to 4 weeks after discharge from the hospital. The next appointment is 4 weeks after the first. After that, the term equivalent age forms the starting point of the appointments. The term equivalent age is the age your child would have had if it was born in time, so counted from the due date of your pregnancy. Development and growth of your child in the first two years of life are always related to this term equivalent age. During the appointments at the 'nazorgbureau', you and your child will alternately be seen by the different health care professionals involved in the 'nazorgbureau'.

The 'nazorgbureau' is not a replacement for the consultation bureau. On previously determined moments your child will be seen at the 'nazorgbureau'. We will try to combine these appointments with the moments a vaccination has to be given. In that case, the vaccination will be given during the visit at the 'nazorgbureau'. But this is not always possible and in that cases your child will receive the vaccination at the consultation bureau. Besides that, you and your child will visit the consultation bureau at several moments in between the appointments at the 'nazorgbureau'.

What do you bring to a visit at the 'nazorgbureau'?

- Insurance card
- A wrap or bathrobe for your child
- Some food or drinks when your child has an appointment with the speech therapist
- Growth book of your child and vaccination papers

For the progress of the bureau we ask you to be present 15 minutes before the first appointment and at entry to undress your child and cover him/here with a wrap or bathrobe.

Appointments

The appointments at the 'nazorgbureau' are made by the secretary of the Child department of the Máxima MC. You will receive an invitation for each appointment by email. At this invitation you will find the date and time of the next appointment and the health care professionals by who your child will be seen.

Unfortunately it is not possible to make these appointments far in advance. You will receive the invitation by email about 4 weeks before the appointment. Therefore we ask you to inform us as soon as possible whenever something in the address or telephone number changes. Whenever you can not keep to the appointment in the invitation, we ask you urgently to contact us timely (telephone number 040 888 9370) to reschedule the appointment. The 'nazorgbureau' always takes place on Friday mornings and sometimes in the afternoon but that is not often.

Reporting en registration

At the end of every consultation hour, the health care professionals extensively discuss all children that visited the 'nazorgbureau'. Conclusions are drawn about the health, growth and development of your child and an unequivocal advice will be formed. In most cases the different health care professionals have already informed you about the advices during your visit. Whenever there are extra or different advices, one of the health care professionals will contact you by telephone. When your child has been seen by the pediatrician, a written report will be made about all findings, conclusions and advices. The report will be sent to the general practitioner and other doctors who are involved in the care of your child. Whenever you have any objections, we ask you to let us know.

Referral to other health care professionals

It is possible that during the investigations at the 'nazorgbureau' specific problems come to light, for example a developmental delay, loss of hearing or vision, an inguinal hernia or hip dysplasia. In such cases, care of a different health care professional, who is not involved in the 'nazorgbureau', is needed. Your child will then be referred to the concerning health care professional.

Questions

Whenever you have questions or comments about the 'nazorgbureau', you can contact us preferably by email at nazorgbureau@mmc.nl or by telephone (040-888 9370).

Do you like more information about ZuidZorg JGZ Youth Healthcare?

https://jgz.ggdbzo.nl/over-jgz-ggd-bzo/